

ADAPT Career Coaching \$1200 and 18 ICF CCEUs

Offered through the Duquesne University School of Business Professional Coach Certification Program and taught by Steve Wendell.

This course is for coaches who want to learn how to work with clients to develop their career management capacity for the 21st-century landscape. This course will help clients in all phases of career management: clients seeking to align their current job better, exploring major career transitions, and developing long-term career management that includes adaptability and holistic integration of all domains of their lives. This course requires no prior career counseling, career coaching, or career-specific knowledge. Opportunities to serve as career coaches at Duquesne University and other various ongoing projects will be available to select graduates of this elective.

Major Topics

This course is based on the foundations of the PCCP and ICF competencies while integrating the best career counseling practices with multiple coaching theories. It uses the ADAPT model (Adaptability Development and Authentic Purpose Targeted model) for career coaching (Steve Wendell). We will cover the approaches to developing the client's individualized capacity for career management through the general domains of reflection, planning, and action. We will explore the topics through the application of the tools and approaches in the student's career management strategies.

Delivery Method & Course Meeting Days and Times - Webinars will be delivered via Zoom. You are responsible for ensuring you have the necessary technology and availability to participate. Three required triad coaching sessions are arranged independently (details to be provided in the first webinar).

Session	Date	Format	Topic
Webinar 1	May 10, 2024	Webinar	21st Century Landscape - Career Adaptability
Webinar 2	May 24, 2024	Webinar	Career Decision-Making and Theories
Webinar 3	June 7, 2024	Webinar	Career Counseling Best Practices - Coaching modifications
Webinar 4	June 21, 2024	Webinar	Coaching Theories, Models, Exercises: Part 1
Webinar 5	July 5, 2024	Webinar	Coaching Theories, Models, Exercises: Part 2
Webinar 6	July 19, 2024	Webinar	Putting It All Together - Entry/Engagement
		Coaching	Entry
Webinar 7	August 2, 2024	Webinar	Putting It All Together - Reflection (Authentic Career Vision)
		Coaching	Reflection (Authentic Career Vision)
Webinar 8	August 16, 2024	Webinar	Putting It All Together - Planning and Action
		Coaching	Planning and Action
Webinar 9	August 30, 2024	Webinar	Putting It All Together - Going Forth

No textbooks are required. Reading assignments: articles and instructor-provided summary articles. Assignments: Utilize the tools discussed in the course for your career management.

CCEU Information

This course offers 14.33 ICF Core Competency credit hours and 3.67 Resource Development credit hours.

Deadline to enroll is Friday, April 5, 2024

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Space is limited