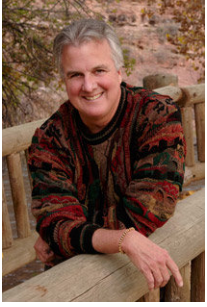


## FACILITATOR:



**Dr. Patrick Williams, Ed. D., MCC, BCC**, is a Master Certified Coach (International Coach Federation) and a Board Certified Coach (Center for Credentialing and Education). He has been a licensed psychologist since 1980 and began executive coaching in 1990 with Hewlett Packard, IBM, Kodak and other companies along the front range of Colorado.

He is the founder of the [Institute for Life Coach Training](#) (ILCT) in training those with a human services orientation. ILCT has trained thousands of helping professionals around the globe. He is also a founder of Coaching the Global Village (CGV). Its mission is to utilize professional coaching techniques to empower communities around the world to develop sustainable solutions for pressing human and societal needs.

Pat is a past board member of the International Coach Federation (ICF), and co-chaired the ICF regulatory committee. He is past president of ACTO, the Association of Coach Training Organizations and an honorary VP of the Association of Coaching Psychology and a Founding member of Harvard University's Institute of Coaching. He most recently (2018) was awarded the inaugural membership in the ICF Circle of Distinction.

**He is passionate about coaching and dedicated to ensuring it remains a respected profession.** Current projects have included teaching coaching to dozens of federal prisoners, speaking at their graduation ceremonies and currently working on a documentary film about the power of the coach approach for those in prison and for re-entry success back into society. He also created an online course for coaches at [www.ConsciousLivingMastery.com](http://www.ConsciousLivingMastery.com) to assist in breaking out of the "personal prison" we sometimes find ourselves in.

## PANELISTS:



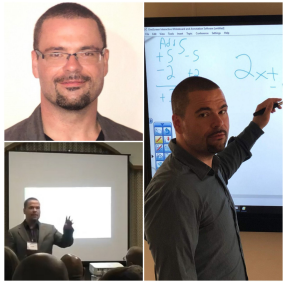
**Jay Pimble** is an artful Life Coach with professional certification through the Institute for Life Coach Training. As the owner of Jay Pimble's Coaching and Mentoring Services, he offers relationship coaching, health and wellness coaching, general life coaching, career coaching, and peer recovery coaching. He is currently preparing for accreditation to the International Coach Federation, the world-leading professional association for life coaching. Jay is an active facilitator for the Alternative to Violence Project in Maryland. This project focuses on non-violent solutions, despite us being in such a violent

day and time for incarcerated men and women in the Brockbridge Correctional Facility in Jessup Maryland. He is passionate about results, believing that the "coach approach" is the best way to get those results. His motto is: "[JayPimblecoaching.com](http://JayPimblecoaching.com) is where the light bulb turns on."

**Michael Talley** is certified as a Life Coach through the (ICLT) Institute for Life Coach Training, certified as an Offender Workforce Development Specialist through Fredonia State University of New York, and has his Bachelor's Degree in Sociology from Norfolk State University. During his time in prison, Mr. Talley, along with fellow peers, co-created a training program and instituted it as an aspect of the FCI McKean Reentry Team. This institution stood alone as the only institution in the country that offered this program to help men become better individuals and to take full



control of their lives by creating a life vision for themselves. Mr. Talley is currently working, alongside his fellow peers, to establish the training program they created inside FCI McKean in the community of Pittsburgh, Pa. He also works for and operates J & M Commercial Cleaning Services. A company he started upon his release in 2017.



**Jason O'Malley** is an academic and spiritual life coach was trained at the Institute for Life Coach Training. He also has over 20 years of experience facilitating the learning of mathematics, with his mom as his first adult student when he helped her get her G.E.D. He has certifications in three different facilitator training systems: Alternatives to Violence Project (A.V.P.), Offender Workforce Development Specialists (O.W.D.S.), and Facilitator Awareness and Competency Training System (F.A.C.T.S.).

Jason's great desire is to help others find fulfillment in journeys, and in so doing, he finds his. You can learn more about or contact Jason: Phone (814) 232-3946; Email: [jay.omal.1979@gmail.com](mailto:jay.omal.1979@gmail.com); Websites: [www.BridgeGap.biz](http://www.BridgeGap.biz) and [www.re-entrycoachingacademy.org](http://www.re-entrycoachingacademy.org)

**Talib Shakir** is a certified life coach with a focus on leadership, wellness, and reentry. I received my training through the Institute for Life Coach Training (ILCT). Talib holds a certification as a victim advocate, and substance and alcohol abuse specialist. I'm affiliated the Coaching the Global Village founded by Dr. Patrick Williams. Professional skills include public motivational speaking, consultation, writing and analysis, program and curriculum development. Talib is fluent in Spanish & Arabic, native level.



**Anthony Boyd** is a Re-Entry Consultant/Life Coach who provides services to businesses and organizations that help returning citizens improve their lives through life-restoring opportunities in order that they may receive healing, elevation, respect, and optimism. A returning citizen, Anthony started his consulting/coaching business in 2016 to help businesses, organizations, and other returning citizens better understand the challenges and difficulties they will face upon release from prison. Prior to consulting/coaching, Anthony spent 18 years as a teacher's aide, tutor, mentor, and facilitator. Today Anthony offers a wide range of programs and services - individual/group coaching, to workshops and motivational speaking. Along with the above-mentioned accomplishments, Anthony has also been involved in a variety of programs: Veteran Business Development Course: (Business Plan development, market research, etc.); Military History Course: (Studied Leadership Principles); Peer Facilitator Training; Victim Impact Adjunct Professor with the University of Pittsburgh @ Bradford (UPB): (taught a criminal justice class called Just Mercy, alongside Dr. Tony Gaskew; The head of Criminal Justice Department @ UPB); Teacher's Aide Apprenticeship Program; Computer Education Technology-Computer Refurbishing, and Business Education Technology. He has an A.A.S. degree in Computer Information Systems/ Business Administration from Jordan College, and he is a Certified Coach through the Institute for Life Coach Training

**Arturo Cantu** is a bilingual, self-motivated, hardworking individual with a diverse background, skill set, and work experience. He has taken his tact for networking, resourcefulness, and diverse knowledge, paired it with his unique ability to personally engage and invest in people, and used it to stimulate transformational growth within himself and others. During his tenure in federal prison, Mr. Cantu developed and managed many

improvements in the personnel practices, programs, and overall culture of hostile environments, which combined with his experience from life coaching, has helped to ensure societal-reintegration readiness for the men he has worked with.

His impassioned leadership as well as the development and refinement of curricula assisted in the spearheading of FCI McKean's Life Coaching program. Arturo has provided guidance and support for organizational and individual improvement in the following: Physical, Relational, Transitional, and Emotional Life Coaching, Leader and Facilitation Training and Development, and Curriculum Development in areas that include Emotional Intelligence (EI), Personality Assessments, Developing Diversity, and Conflict Resolution. Arturo is certified through the Institute for Life Coach Training (ILCT), and he has served as Adjunct Facilitator for the ILCT and Alternatives to Violence Program (AVP) as well as has worked alongside Dr. Tony Gaskew, Director of Criminal Justice at the University of Pittsburg-Bradford, on a number of returning-citizen initiatives and projects. Arturo's hard work and positive spirit serves as an impetus to positive, pro-growth change for organizations and for individual life transitions. He has developed positive relationships within the Federal Bureau of Prison Administration and Executive staff, and his key strengths are his ability to build rapport, expand interpersonal networks, motivate through a strength-based approach, and ability to handle day-to-day issues while planning and implementing programs, innovations, and new methodologies.

**Alfonso Carter** is a Certified Coach who works with at choice youth and adults to bridge the gap between our communities. He believes that a moral compass built upon core values is the catalyst and the very foundation of a community. Mr. Carter also has been vested with, and committed to, change within the community by holding himself and peers accountable to their words, actions, and deeds in efforts to eliminate the gap in between the community, our youth, and at choice adults. He is a Life Coach with over 200 hours of peer-to-peer coaching and 200 hours of group coaching sessions with men in khakis. Alfonso has also transferred these very skills beyond the walls, coaching at choice youth and adults within the community as an agent of change. He holds a Graduate Degree and a Certified Coach Certification from the Institute for Life Coach Training.

**Jose Ceballo Jr** is a workforce development specialist, life coach, and a skilled facilitator who specializes in curriculum development and implementation through facilitation. Since Mr. Ceballo is bilingual—speaking Spanish and English, he brings added value to any team for facilitating or translating curricula. During his transformation process, Jose has learned and developed many tools to help him guide individuals in a co-creative partnership on how to become the very best version of themselves while they develop the same skills he learned during his aforementioned transformation. This experience in peer-to-peer facilitation is what has helped him to become an expert facilitator.

**Shane Falwell** specializes in Reentry/Career-Coaching and Consultation for the people who are deemed hard-hires and newly released individuals. He is a Certified Coach through The Institute for Life Coach Training. Mr. Falwell is also a Certified Career Development Specialist through the Pennsylvania Department of Labor and the founder of The M.A.R.C.U.S. Group, which is a non-profit organization geared towards the development of a well-rounded transition from good-to-great for the individuals who want to take their lives to the next level of greatness. He is also the Director of Curriculum Development for "SELF", a non-profit organization geared on helping newly released female offenders in the Lehigh Valley area. Mr. Falwell has an intensive background with working with men in an institutional setting by designing curriculum and facilitating thinking and behavior modification classes such as "Victim Impact", "New Beginnings", "Thinking for a Change", "Parenting Classes from the Inside", "The Inside-Out Program" with Dr. Tony Gaskew, Professor at University of Pittsburgh at Bradford campus". He also has 8 years of experience running a Career Resource Center

and job readiness classes as well as job fairs. Mr. Falwell strives to develop a unique and caring relationship/partnership with each client because he believes that is the best way to help stimulate growth and development.

**Jamar D. Williams**, who was sentenced to 5 years in federal prison, has been released for nearly 13 years. Since being released, he received formal training to earn an Associate's Degree in Accounting as well as his Enrolled Agent Licensure from the IRS. While working in public accounting for 7 years, he began to see that change was needed in the re-entry process. This personal revelation prompted him to reach back into the prison system. Mr. Williams began as a mentor in the Allegheny County Jail (ACJ) with Foundation of Hope. He later launched into working as a co-facilitator for the Parenting and Relationship classes for the men and women housed in the Re-entry Program at ACJ and subsequently a case manager of the same. Mr. Williams presents on the subject matter of prison re-entry at national, state and local levels, educating the public while providing hope to those imprisoned. He is also a motivational speaker and trainer with the Department of Corrections. He has Leadership Training through Pittsburgh Leadership Foundation and the City of Pittsburgh Civic Leadership Academy coupled with training as an Offender Workforce Development Specialist, Reentry Employment Specialist and most notably Institute for Life Coach Training.