



## **BEYOND THE BASICS -- ADVANCED TOPICS IN COACHING**

Webinar 1: Tuesday, March 26, 2019 – 6:30 -7:30 pm.

Hosted by ICF Pittsburgh in collaboration with the editors of:

**PROFESSIONAL COACHING, Principles and Practice,**  
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### **Webinar 1 -- Topic**

## **Coaching with Intentional Change Theory**

Chapter 19 -- Contributed by: Richard E. Boyatzis

**CCE: 1.0 core**

**Beyond the Basics** is a Virtual reading, discussion & learning experience for all professionals interested in expanding their knowledge of the science and art of coaching. **Topics for each session** will be selected from the “desk-top” reference, PROFESSIONAL COACHING, Principles and Practice. Its editors, seasoned coaches themselves, intended to create one source that would bring together perspectives of expert coaches with experts on coaching and a way to move its content “off the shelf” and into everyday coaching practices.

The topic for Webinar 1 is “**Coaching with Intentional Change Theory (ICT) chapter 19**, authored by Richard E. Boyatzis, PhD, Distinguished University Professor at Case Western Reserve University, Cleveland Ohio. He describes how ICT can offer coaches & clients an evidenced based roadmap for change. **Dr. Boyatzis will participate in the session.**

**Through reading & interactive discussions, participants will deepen their knowledge of:**

- The **Fundamentals** of Negative Emotional Attractors (NEA) & Positive Emotional Attractors (PEA).
- The **Five “discoveries”** of the ICT – The Ideal self, the real self, the learning agenda, the experimentation and the practice.
- Some **practical ideas & strategies** to incorporate these concepts into participant coaching competencies.

**Please note:** It is important that each participant read the targeted chapter in advance. The text can be purchased online and through the publisher, [www.Springerpub.com](http://www.Springerpub.com), enter “Professional Coaching Principles & Practice”. Please note that Chapter 19 is the sample book chapter offered on this publisher’s website. Material for future discussions will come from other chapters in the full text.

### **REGISTRATION:**

ICF Pittsburgh/Cleveland Chapters: <https://icf-pittsburgh.org/beyond-the-basics-advanced-topics-in-coaching/>

ICF Affiliate Chapters: <https://icf-pittsburgh.org/beyond-the-basics-advanced-topics-in-coaching/>

Non members (\$20): [https://icf-pittsburgh.org/beyond-the-basics-advanced-topics-in-coaching](https://icf-pittsburgh.org/beyond-the-basics-advanced-topics-in-coaching/)

## FACILITATOR



**Dr. Peter J. Gabriel, ACC** is an executive and leadership coach at Key Leadership LLC and an Associate Certified Coach through the International Coach Federation. He coaches C-suite executives, emerging leaders, and managers to be more effective leaders. He is President of the International Coach Federation of Pittsburgh. Peter holds a doctorate of education in leadership from Creighton University, an MBA from Penn State University, and an undergraduate business degree from Villanova University.

## CONTRIBUTOR/AUTHOR



**Richard E. Boyatzis, PhD** is Professor in the Departments of Organizational Behavior, Psychology, and Cognitive Science at Case Western Reserve University, as well as H.R. Horvitz Chair in Family Business. He is also an Adjunct Professor at ESADE. While at Case, he has served as Department Chair of Organizational Behavior from 1996–2004, and Associate Dean of Executive Education from 1994–1999. He has won special awards at Case for research, two awards for teaching, and two awards for service.

Professor Boyatzis is a frequent speaker on the international circuit, having delivered speeches and seminars on all 7 continents and 32 countries. He has consulted to many Fortune 500 companies, government agencies and organizations in the Americas, Europe, and Asia on various topics including executive and management development, organization structure, culture change, R&D productivity, economic development, selection, promotion, performance appraisal, and career planning. He has over 5,500 hours of coaching, has been teaching and training coaches since 1970 and published 22 articles on coaching. Professor Boyatzis has a PhD and MA in Social Psychology from Harvard University and a BS in Aeronautics and Astronautics from MIT

## EDITORS



**Sr. Susan English, OSB, Ed.D, MCC** is Co-director of the Duquesne University Professional Coach Certification Program and has a private practice as a life and leadership coach. She has training in both Internal Family Systems and Emotional Intelligence. Sr. Susan has over 30 years of experience as a teacher, college professor, and supervisor and is an award winning student mentor. She has worked in public, private and prison school settings and has been an active leader in state and local professional and non-

profit organizations. Sr. Susan is a past president of ICF Pittsburgh and holds a doctorate in education from Indiana University of Pennsylvania.



**Janice Manzi Sabatine, PhD, PCC** is an ICF credentialed executive coach and biomedical scientist, incorporates evidence-based coaching approaches to help scientific and healthcare professionals become stronger, more effective leaders. She helps her clients leverage their strengths to improve performance with a special emphasis on helping them set clear expectations, handle difficult conversations, and lead without overt authority.

**Phillip Brownell, MDiv, PsyD, PCC**, is a clinical psychologist licensed in North Carolina, Oregon and Idaho. Dr. Brownell completed 7 years of formal training in gestalt psychotherapy, has written several books on the subject, and is involved in the global movement to establish a research tradition for gestalt therapy. He also completed the International Coach Federation (ICF) accredited professional coach training program at Duquesne University and resides in southern Idaho