

Change Your Questions, Change Your Conversations, Change THEIR Results!

By Dr. Marilee Adams

Join us for this presentation on
Friday, March 15, 2019, 8:00-10:00am

ICF Cleveland Chapter
4100 Rockside Road • Independence, Ohio 44131

This program is based on the bestselling book "*Change Your Questions, Change Your Life: 12 Powerful Tools for Leadership, Coaching, and Life*," which is required or recommended by many coach training schools.

In this program, you will learn how to:

- Use the Choice Map, a practical tool to facilitate learning and growth
- Empower success with ICF Competency #6: Powerful Questioning
- Distinguish asking questions from using questions most effectively
- Understand that behavioral change begins with changing mindset both for the coach and client
- Learn why the Learner mindset is the coaching mindset

Where: Indiana Wesleyan University, 4100 Rockside Road, Independence, OH 44131

Register: <https://icf-cle.clubexpress.com> or call Paula Chotlos (216) 525-6160

Cost: Free for active members of ICF Cleveland chapter

- \$25 for non-members
- Discount Code for members of affiliate chapters in our region available by contacting Paula Chotlos at: chotlos@yahoo.com



Marilee Adams, Ph.D. will provide practical new thinking, skill building, and tools around questioning and mindset management that empower results. This approach is foundational for every coaching focus or application (life, business, executive, relationship). It aligns with, and supports, emotional intelligence, positivity, resilience, neuroplasticity, and appreciative inquiry. Q-Solutions is an approach to asking new questions that catalyze conversations that can predictably lead to new, often breakthrough, results. This presentation is enlightening, dynamic and interactive, with distinctive content, models, stories, and exercises.

Dr. Adams is an author, organizational consultant/facilitator, executive coach, and professional speaker. She is founder/president of the Inquiry Institute, a consulting, coaching, and educational organization. Dr. Adams is also Adjunct Professor in the School of Public Affairs at American University in the Key Executive Leadership Program and is part of the faculty of the Institute for Life Coach Training, the Adler Institute, and Expedition Coaching. She is an ACC with ICF and also a coach with the Society of Organizational Learning.

Her books include *Change Your Questions, Change Your Life: 12 Powerful Tools for Leadership, Coaching and Life*, 3rd edition (Berrett-Koehler Publishers, 2016) and *The Art of the Question: A Guide to Short-Term Question-Centered Therapy* (John Wiley & Sons, 1998) and *Teaching that Changes Lives: 12 Mindset Tools for Igniting the Love of Learning* (Berrett-Koehler, 2013).

Dr. Adams works/speaks in the private/public sector for Fortune 500 companies, major government agencies, international consulting firms and leading universities. Her clients include United Nations, Ameriprise, AREVA, Inc., Brother Int'l, DHL, Johnson & Johnson, Johns Hopkins Hospital, Lockheed Martin; the Social Security Administration, the National Science Foundation, the U.S. Navy, NASA Goddard, the National Defense University (NDU), U.S. Departments of Treasury, Interior, and Education; Johns Hopkins Hospital, Toronto General Hospital, Booz Allen, Organizational Development Network, Society for Human Resource Management International Coach Federation (national and local), Tony Robbins coaches, Systems Thinking in Action Conference; Georgetown McDonough School of Business, George Mason University, Harvard University and Princeton University, among many others.

Dr. Adams holds a PhD in Clinical Psychology from the Fielding Graduate University.